



FOR IMMEDIATE RELEASE

July 1, 2019

Media Contact: Lisa Kivirist, MOSES In Her Boots Coordinator
lisa@mosesorganic.org | 608-329-7056 (farm office)

Unique farm hosts ‘In Her Boots’ workshop August 13 for women farmers

LONG LAKE, MN – A bright spot in the recent agriculture census is the 27 percent increase in the number of women farmers nationwide. The Midwest Organic and Sustainable Education Service (MOSES) supports these women farmers with on-farm “In Her Boots” workshops, with one coming up Tuesday, Aug. 13, 2019, at Ladyfern Farm & Design Studio and Two Pony Gardens, a unique farm collaboration run by a trio of women farmers in Long Lake, Minnesota.

MOSES In Her Boots workshops offer a blend of practical information, skill-building, resource connections, and networking. This particular session focuses on growing flowers plus additional income opportunities generated through on-farm events. It also explores a unique land-access option for beginning farmers: longtime landowner Lisa Ringer of Two Pony Gardens has been providing land since 2015 to help Summer Badawi and Sanna Beek establish Ladyfern Farm without the immediate debt of land ownership.

Ringer will showcase Two Pony Gardens, which offers seasonal pizza nights and a summer camp. Badawi and Beek will share how they grow and market their flowers, providing a detailed tour of the flower fields and full-service design studio for weddings and other events.

“We are excited about this opportunity to share our farming story to help other women get started in farming and explore different ideas they can do on their farm,” Badawi said.

“Land stewardship and community building have always been an important priority to me and supporting the next generation of farmers, particularly women, is a key piece to make that happen,” said Ringer, who is also an expert on growing heirloom tomatoes and dahlias. “I’m excited that this In Her Boots session will be here and can showcase this growing movement of women farmers creating new approaches to agriculture and land access.”

The In Her Boots workshop runs from 10 a.m. to 3 p.m. and includes lunch and a farm tour. Various resources will be available at the workshop from MOSES, USDA agencies and regional nonprofits. Cost is \$25; space is limited and registration required. To register, see mosesorganic.org/in-her-boots-aug-13 or call the MOSES office at 715-778-5775. If you have questions about the workshops, contact In Her Boots coordinator Lisa Kivirist at lisa@mosesorganic.org or 608-329-7056 (farm office).

“In Her Boots workshops are based on the idea that women learn best from each other in a format

where we can ask questions and mentor and inspire one another,” explained Kivirist, author of *Soil Sisters: A Toolkit for Women Farmers*. She and her family run Inn Serendipity Farm and B&B outside Monroe, Wis. “Whether you’re a seasoned female farmer or are just starting to bring your farm dream to life, this is a great opportunity to learn from and connect with other women who share a commitment to stewarding the land.”

MOSES is a nonprofit organization that promotes organic and sustainable agriculture by providing the education, resources, and practical advice farmers need to succeed. The organization’s flagship event, the MOSES Organic Farming Conference, is the country's largest educational event on organic agriculture. It takes place every February in La Crosse, Wis. For more information, see mosesorganic.org.

#